4: Hobley G-S (ca. 1900) 1902 FL11 Lan FL11

526 *Games.*—They play a kind of *bao* with sixteen holes; they put three small stones in each hole. The boys play a kind of hockey with a wooden ball.

727 Upon return from war about two out of every three cattle go to the chief; the chief then divides his share of the cattle with his brothers, and a man who has distinguished himself in war is given a reward of cattle by the chief. A man who distinguishes himself in war is also often given a wife without payment.

242 *Food, etc.*—They eat practically all meat except that of the lyena. Some young men eat leopard meat to make them brave in fighting; the meat of a serval cat is not eaten. The women do not eat fowls; some women do not eat sheep and eggs; some eat hippopotamus meat, some not; women do not drink milk, but eat it cooked with food. They have a curious custom of mixing cow's urine with the milk of the cow; the urine is allowed to stand a day or two to increase its flavour; they say it increases the amount of the butter and gives it a nice flavour, and it is moreover supposed to have a medicinal effect. The crested crane (*Balearica pilleicapa*) is never killed or eaten by these people.

752 757 *Medicines, etc.*—They pierce the chest until the lung is reached for chest complaints, and they even sometimes cut a small piece out of the lung through the aperture. They have medicine for wounds and for arrow poisons, also for abscesses and for purging, but not for diarrhœa. They also have medicine to avert a threatened miscarriage. They profess to have a certain antidote for snake poison.* Venereal disease is practically unknown among the Jo-Luo.

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781 *Before going to war* they often eat the outer seed case of a certain tree, and this is supposed to ensure their return unwounded; it is called Odula.

728 *Peace ceremonies.*—They kill a sheep and put part of it into a wooden mortar used for crushing grain, and the representatives of each side take out a piece and give it to the opposite side. An old man from the side that is beaten will go to the village of the chief of the enemy and proceed to sweep up the cattle boma; this will be accepted as a sign of submission.

231 *Killing animals for food.*—They kill cows by sticking a knife into the jugular vein; the head of the beast must be pointed to the west during the operation. Sheep and goats are killed the same way. Fowls are strangled.

428 768 *Succession customs, etc.*—When a man dies the property goes to the brother if the children are small; if the eldest son is grown up he takes the property and gives his brothers a share; but a son is not allowed to take the amount paid by anyone who marries one of his sisters; this amount all goes to the father's brother. The brother of the deceased takes the wives, but the eldest son will probably take the youngest wife of his deceased father.

* After considerable difficulty I obtained specimens of the plants said to be used as antidotes for snake poison, and Dr. Rendle, of the Botanical Department, British Museum, has kindly identified the plants for me. One plant, named *Physalodonta Alyponinus*, is used internally, an infusion being made from the leaves. The other plant, *Ipomœa palmata*, is used externally, a plaster of the macerated leaves being placed on the wound. I have not been able to discover the physiological action of these plants.

19: Roscoe M-5 (ca. 1908)1915
FL11 Loc FL11

shave their heads, taking care to keep separate the hair which is cut off. This hair is hidden away in some place near, by preference in a rat-hole or in some hole where it is not likely to be found again.

Birth of twins. At the birth of twins the parents remain together in one house for ten days, and the midwife waits on them. When this time of seclusion ends, a small pot of blood is drawn from the neck of an ox, cooked and given to the parents to eat. After the meal they are escorted to the river, washed, and their heads shaved. Their house is then swept and the floor smeared with cow-dung, and friends come and dance in the village and drink beer. The mother takes the twins a round of visits which lasts several days, but she returns home each night to sleep. At each house she visits the people give her presents of grain. When the visits have been made the mother brews beer with the grain she has received in presents, and her friends again gather to dance and to drink the beer.

Initiation ceremonies. Children live in the same village with their parents and under their control. Until marriage they lead a free and happy life, with few wants and cares. The boys assist in herding cattle, and the girls help their mothers in their fields and also carry wood and water and assist in cooking. Their duties are light and there is no force beyond argument used to make them work. Children imitate their elders in seeking ornaments to wear and in smearing their bodies with oil and red or white paint. When they come to the age of puberty, their four front teeth in the lower jaw are extracted and they are initiated in the customs of the clan. For four days they remain in the house, after which they go about visiting their friends and receive presents of fowls. Girls go through the same ceremony as boys in having their teeth extracted, but, in addition, their bodies are scarified on the sides and back. Should there be excessive haemorrhage when teeth are extracted, the parents send to the man who has the bracelets of the deceased person after whom the boy is named and borrow them, and the youth wears them until the bleeding ceases. When the ceremony of extracting the teeth is over, the boys are sent to live in the boys' quarters

16: Northcote C-5 (no date) 1907 FL11 Lee FL11

The evil eye, it is claimed, can make a [illegible] man sick, and kill a man who is ill, or an unborn child. Most diseases are attributed to the evil eye or to malignant spirits, and so the best remedy is to make as much noise near the sick man as possible, in order to drive the evil ones away. In addition to this universal remedy, the *Salizo* use a considerable variety of herbal medicines, and they are also expert at wet and dry cupping. Sometimes, however, the treatment is of a distinctly quack nature. Some time ago a native practitioner brought a case of assault against the husband of one of his patients. The defence set up was that the accused called in the prosecutor to treat his wife, and that the latter, after much cogitation, ordered the woman to climb to the roof of her hut and stay there till she was better. Unfortunately, the patient died under her open-air cure; her husband laid her death at the doctor's door and took steps to settle his account with the professor of healing arts, with a club. On another occasion the writer was summoned to an accident in the lime quarry in the district. One of the injured was suffering from a broken thigh and internal injuries. He put on a temporary splint, sent for the Indian apothecary, and gave orders that the patient was not to be moved in the "interim." Next day, however, the apothecary found, on arriving at the scene of the accident, that a *Kariwais* surgeon had been called in; the latter was much puzzled by the complications of the case, and, in order to make a better diagnosis, cut the man open, with the not unnatural result that he died.

Yet, although the wizard is held in abhorrence and dread, the rain-maker is greatly esteemed: his success probably depends upon a knowledge of the signs of the heavens, but his methods are as follows: His village is to be found on a rule near a big tree, which he asserts is sacred; when rain is wanted he gathers some herbs and puts them in a large pot containing water, which he boils beneath the holy tree. Of the decoction thus prepared he draws off a little into a smaller pot, above which he squats on his haunches. Next a reed is produced, and through this the rain-maker draws up a little of the liquid and then squirts it forth into the air after blowing through the reed and causing the fluid in the pot to bubble; the whole process being punctuated by volubile mutterings and *abracadabra*. A reputation for necromancy powers, however, can be obtained even more easily than this, as the following anecdote will show. Some time ago, during the lesser rains, the natives of the valley in which the writer's station is situate, came and complained that a famous rain-maker was diverting all the rain to the hills, so that the crops in the valley were dying. Would the Bwana (master) send a policeman and arrest the evil-doer? The Bwana did not see his way to such an arbitrary proceeding, but, being curious to see the wizard, scribbled a few crooked lines on a sheet of paper and told the applicants to show this to the rain-maker as a sign that the Bwana wished to speak with him. Next days they came back and said that the wizard had refused to come for the reason that the letter was not genuine but had emanated from an Indian shopkeeper; the writer told them to wait a few days, meaning to postpone the matter *sine die*. It so happened, however, that that evening a tremendous